CDC Recommendations for Hepatitis B Screening and Testing

Emily J. Cartwright, MD

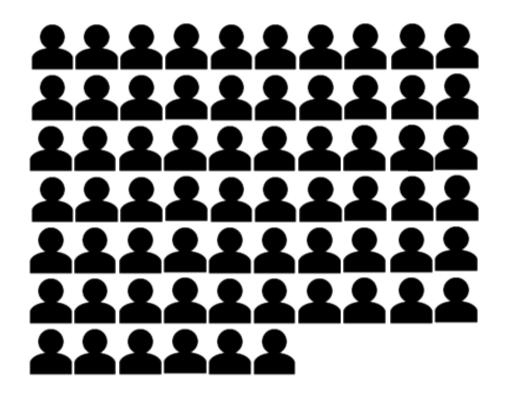
Medical Officer, Clinical Interventions Team Division of Viral Hepatitis

Disclaimer

 The findings and conclusions in this presentation are those of the author and do not necessarily represent the official position of the Centers for Disease Control and Prevention

I have no conflicts of interest or disclosures to make

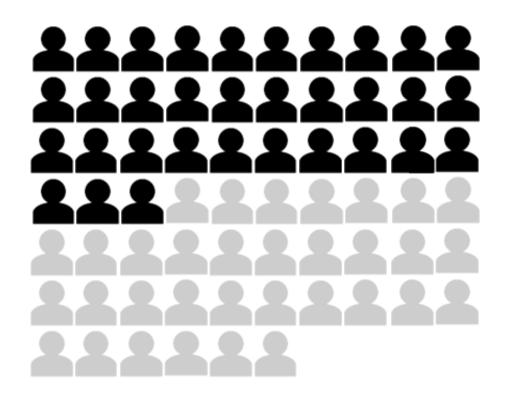
People with chronic hepatitis B virus infection are at increased risk for liver cancer and cirrhosis and are 70%-85% more likely to die prematurely than the general population.



There are

660,000

people living with hepatitis B in the U.S.



50% are aware of their infection

Hepatitis B in the U.S. — a tale of two epidemiologies

- People born outside the U.S.
 - Chronic infection since childhood



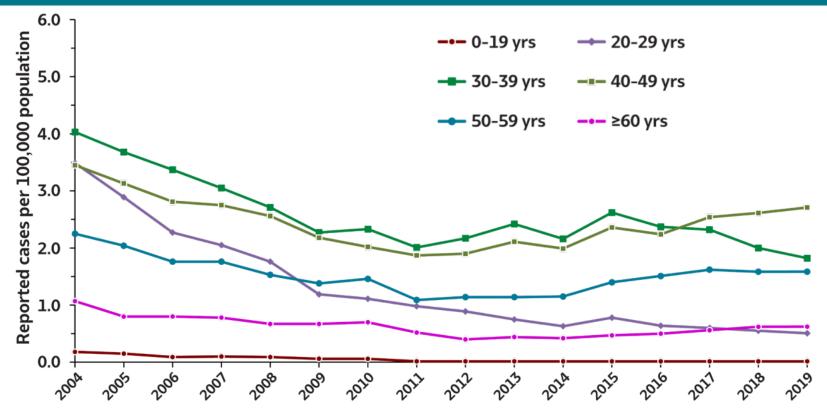
Hepatitis B in the U.S. — a tale of two epidemiologies

- People born outside the U.S.
 - Chronic infection since childhood

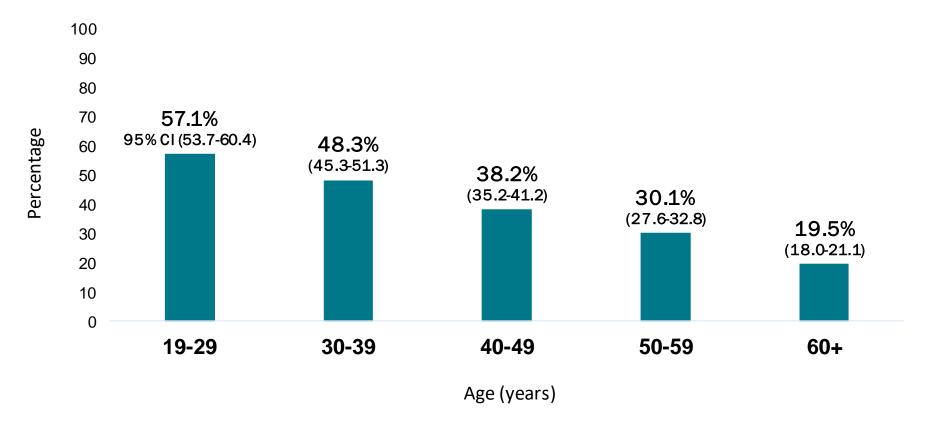
- Unvaccinated people with behavioral risk factors
 - Injection drug use, unprotected sex
 - Acute infections as adults, lower risk of chronic infection



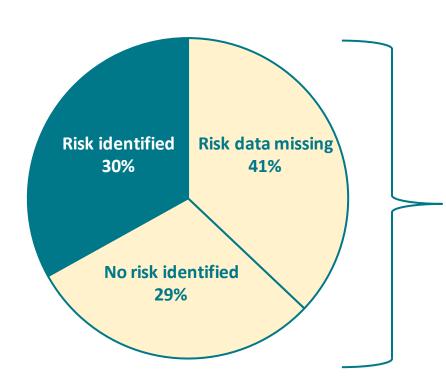
New hepatitis B virus infections are in adults 19 years and up.



Hepatitis B vaccination coverage in adults with ≥1 risk factor decreases by age.

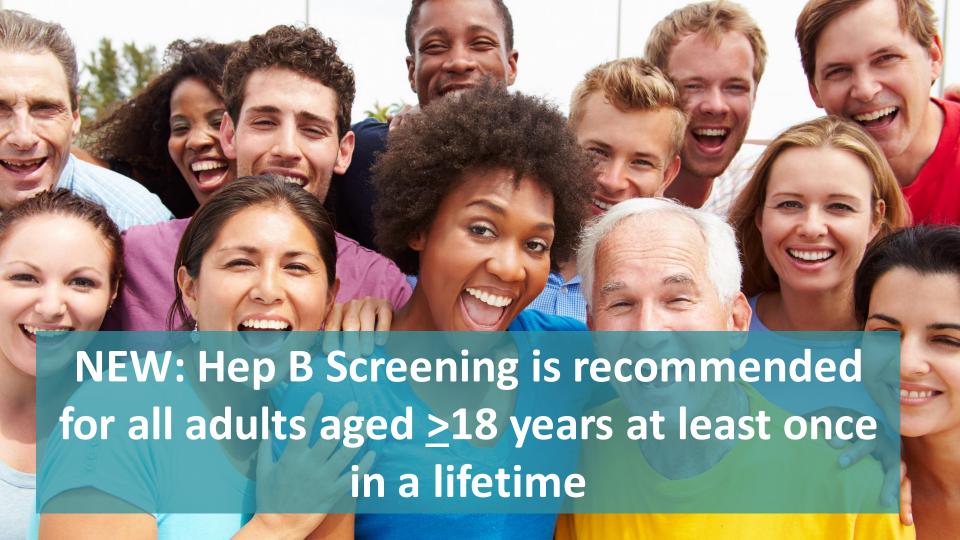


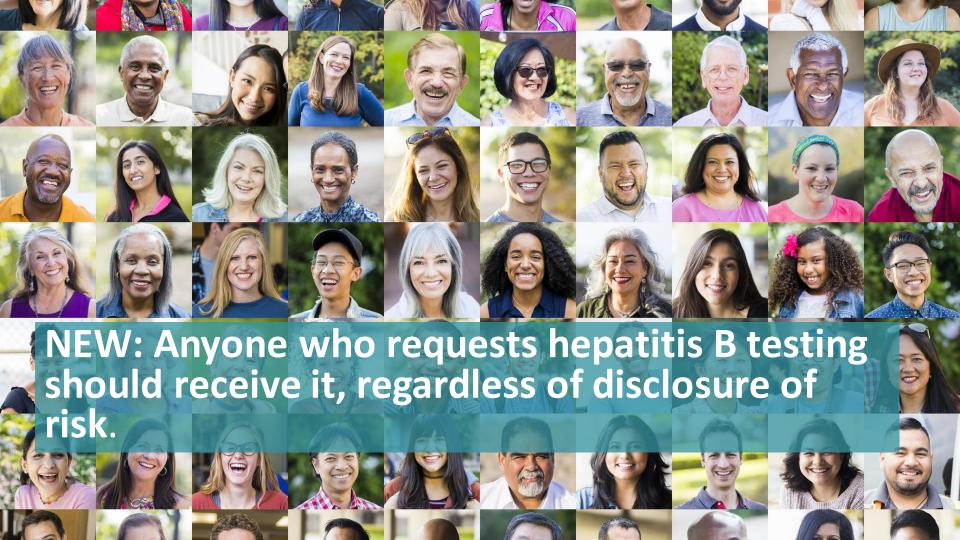
Limitations of current risk-based testing approach



Over 2/3 of reported acute HBV cases were either missing risk data or reported no identified risk

Screening and Testing Recommendations





Rationale for Universal Screening

- ✓ HBV infection has substantial morbidity and mortality
- ✓ Chronic infection can be detected before the development of severe liver disease using reliable and inexpensive screening tests
- ✓ Treatment for chronic HBV infection can reduce morbidity and mortality
- ✓ Reduce risk of transmission
- ✓ Cost-effective
- ✓ Screening can identify people who are at risk for reactivation
- ✓ Screening might identify people who would benefit from vaccination



UNCHANGED: Screening is recommended for all pregnant persons during each pregnancy, preferably in the first trimester, regardless of vaccination status or history of testing

The following people have an increased risk for HBV infection and are recommended for periodic testing:

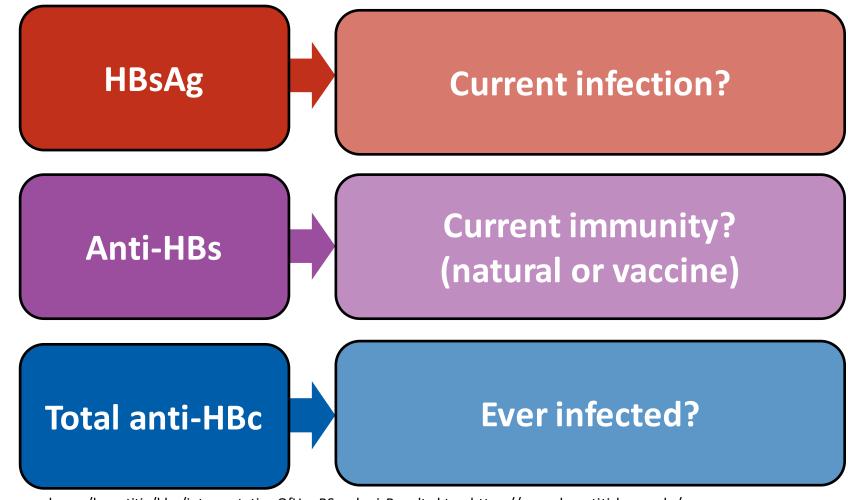
- infants born to hepatitis B surface antigen (HBsAg)-positive pregnant people
- people born in regions with hepatitis B prevalence >2%
- U.S.-born people not vaccinated as infants whose parents were born in regions with hepatitis B prevalence >8%
- people with current or past IDU
- people currently or formerly incarcerated in a jail, prison, or other detention setting [<u>New</u> recommendation]
- people with HIV infection
- people with current or past hepatitis C virus infection [<u>New recommendation</u>]
- men who have sex with men
- people with current or past sexually transmitted infections (STIs) or multiple sex partners [<u>New recommendation</u>]
- current or former household contacts of people with known HBV infection
- needle-sharing or sexual contacts of people with known HBV infection
- persons on maintenance dialysis, including in-center or home hemodialysis and peritoneal dialysis, or who are predialysis
- people with elevated alanine aminotransferase (ALT) or aspartate aminotransferase (AST) levels of unknown origin



HBsAg

Anti-HBs

Total anti-HBc

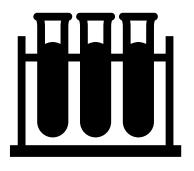


https://www.cdc.gov/hepatitis/hbv/interpretationOfHepBSerologicResults.htm; https://www.hepatitisb.uw.edu/

2022 ACIP Recommendations Adult HepB Vaccination



- The following groups should receive hepatitis B vaccines:
 - Adults aged 19 59 years
 - Adults aged ≥ 60 years with risk factors for hepatitis B
- The following groups may receive hepatitis B vaccines:
 - Adults aged ≥ 60 years without known risk factors for hepatitis B

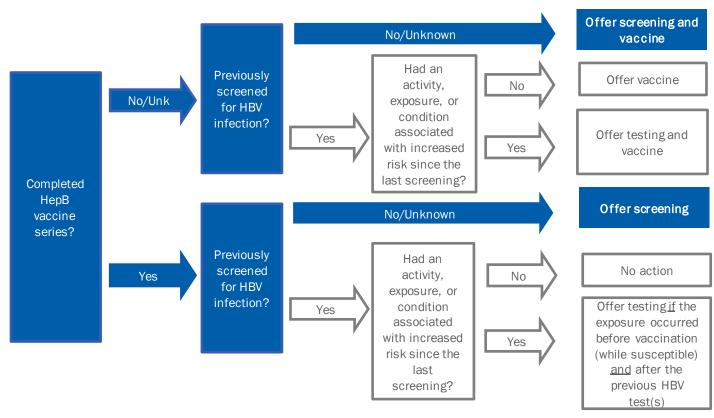


- Collect blood
- Offer vaccine per ACIP
- No need to wait for results
- Screening should not be a barrier to vaccination



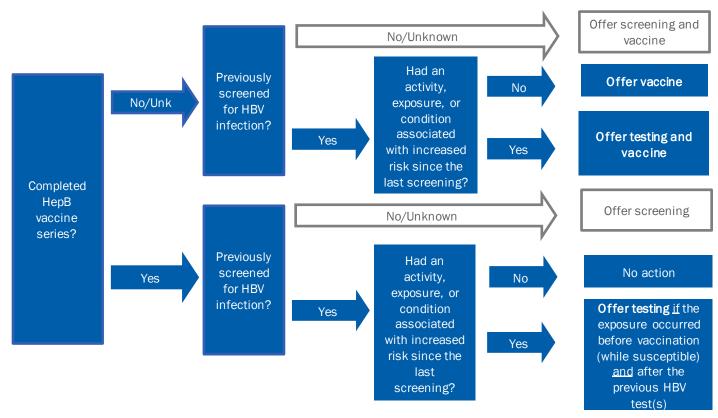
Incorporating hepatitis B screening into a clinic workflow

Nonpregnant adults >18 years without a known history of HBV infection



Incorporating hepatitis B testing into a clinic workflow

Nonpregnant adults ≥18 years without a known history of HBV infection



Other Resources

- Hepatitis B Online University of Washington
 - https://www.hepatitisb.uw.edu/ [lots of serology interpretation!]
 - Hepatitis B Management: Guidance for the Primary Care Provider

Hepatitis B Foundation

– https://www.hepb.org/

Web MD

https://www.medscape.org/viewarticle/972018?src=acdmpart_cdc_9
 72018

Immunize.org

https://www.immunize.org/askexperts/experts_hepb.asp

Other Resources

- CDC Recommendations for HBV Screening, Testing and Vaccination
 - https://www.cdc.gov/hepatitis/hbv/HBV-RoutineTesting-Followup.htm

Population	Recommendation	
	Screening and Testing	Vaccination
Adults with no known risk factors for hepatitis B	 If never previously screened, test for HBsAg, anti-HBs, and total anti-HBc (triple panel) 	Vaccinate adults aged 18 - 59 years
People with risk factors, regardless of age, such as:	Screening and Testing	Vaccination
People born in regions of the world with hepatitis B prevalence >2% U.Sborn people not vaccinated as infants whose parents were born in regions with hepatitis B prevalence >8% People with current or past injection drug use People who share needles, or sexual contacts of people with known HBV infection People currently or formerly incarcerated in a jail, prison, or other detention setting People with HIV infection People with current or past hepatitis C virus infection	If never previously screened, test for HBsAg, anti-HBs, and total anti-HBc (triple panel) Unless less than aged 18 years and completed a vaccine series as an infant If previously screened, but still unvaccinated, offer testing to people who have ongoing risk for exposure For additional screening considerations for patients on dialysis, see: Recommendations for Preventing Transmission of Infections Among Chronic Hemodialysis Patients (cdc.gov)	Vaccinate For additional considerations for patients on dialysis, see Recommendations for Preventing Transmission of Infections Among Chronic Hemodialysis Patients (cdc.gov)

Acknowledgements

Guideline workgroup and steering committee

- Erin Connors (LEAD)
- Noele Nelson
- Lakshmi Panagiotakopoulos
- Jessica Brown
- Liesl Hagan
- Aaron Harris
- Megan Hofmeister
- Karina Rapposelli
- Amy Sandul
- Philip Spradling
- Carolyn Wester

Prevention Policy Modeling Lab

- Mehlika Toy
- David Hutton
- Joshua Salomon
- Samuel So

HepB Vaccine Guidance

Mark Weng

Questions?

For more information, contact CDC 1-800-CDC-INFO (232-4636)

TTY: 1-888-232-6348 www.cdc.gov

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.



For more information, contact CDC 1-800-CDC-INFO (232-4636)
TTY: 1-888-232-6348 www.cdc.gov

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.





Preventing Liver Cancer in Iowa

Katie Jones, MPH
Program Manager, Comprehensive Cancer Control Program

November 7, 2023

Demonstration Project

- The Iowa Department of Health and Human Services (Iowa HHS) was selected by the CDC to engage in a liver cancer demonstration project titled "Preventing Liver Cancer in Iowa by Promoting Vaccination and Screening Among Opioid Users."
- Iowa HHS partnered and subcontracted with the Iowa Primary Care Association (Iowa PCA), which serves Federally Qualified Health Centers (FQHCs) across Iowa.
- The project primarily focused on the following strategies:
 - Provider education: educating communities, patients, and providers regarding the link between the opioid crisis, increased rates of viral hepatitis, and liver cancer.
 - Improving delivery of viral hepatitis services.





Project Achievements: Provider Education

8- live educational sessions delivered through HCV and BH ECHO platforms

251- providers (not all unique) participated in the 8 live sessions

8- recorded sessions made available to registered participants through Iowa PCA SharePoint side

3- recorded sessions on hepatitis available on DMU's website

6- sessions approved by DMU for CME credits; 85 participants awarded CME credits during project period

24- providers completed retrospective pre-post assessment



Project Achievements: Improving Delivery of Viral Hepatitis Services

14- ECHO sessions on HCV conducted

- 99- Cases presented across all sessions, of these:
- All were patients diagnosed with chronic HCV
- 52 unique providers participated across all sessions
- 42 hepatitis A vaccines and 48 HBV vaccines were administered 14 patients were in queue to begin HCV
- II patients were started on HCV treatment
- 5 patients completed HCV treatment



Next Steps: Hepatitis B

The Iowa PCA's HCV ECHO on November 21 is going to focus on hepatitis B, including:

- HBV screening and management with the recent universal HBV screening
- Updated recommendations for vaccines including data regarding HEPLISLAV for HIV primary vaccination
- Issues related to PREP and HIV/HBV coinfection including testing before switching to tenofovirbased regimens including LAIs



Join the Iowa PCA ECHOs!

- Behavioral Health ECHO
 - Learn treatment options for common mental health conditions and connect with peers from around the state to learn best practices
- HCV ECHO
 - Meet the Iowa Medicaid prescribing requirements for PCPs to treat HCV patients and learn more about HCV
- No cost CME credit provided 90-minute sessions once a month
- To register email <u>ECHO@iowapca.org</u>:
 - Name
 - Title
 - Organization Name
 - Email





Additional Considerations for CCC Programs and Cancer Coalitions

I. Is HCV and HCB incorporated into your cancer plan? If so, how and where? Does it need to be updated?

2. Who within the jurisdictional health department is responsible for getting the word out about the HCB screening recommendations? How can you as the CCCP grantee and/or cancer coalition help get the word out?



Iowa Cancer Plan

Iowa Cancer Plan



https://canceriowa.org/cancerplan/introduction/#chapter-2_priority-4





Iowa Cancer Plan



https://canceriowa.org/cancerplan/introduction/#chapter-2_priority-5





Contact information

Katie Jones, MPH (she/her)

Manager, Comprehensive Cancer Control Program

Chronic, Congenital and Inherited Conditions Bureau

Public Health Division

Iowa Department of Health and Human Services

m. 515-204-7073

katie.jones@idph.iowa.gov

