Increasing Healthy Nutrition and Physical Activity in Cancer Survivors

Comprehensive Cancer Control Collaborating to Conquer Cancer

Evidenced-Based Interventions Selected by State Comprehensive Cancer Control Workshop Teams: January 2021



Provider based exercise





Kentucky

Promotion of NUPA to Healthcare Providers



Tennessee

Point of Decision prompts for increasing physical activity



System change to increase referral to community NUPA programs. Partner with LIVESTRONG to build out virtual program



Michigan

Provider training and engagement



Texas

Provider training and engagement Exercise prescriptions



Physical activity referrals to community groups



Montana

Expand physical activity program with a virtual component.



Utah

Connect community resources specifically nutrition to cancer survivors



Vermont

Provider training and engagement Exercise prescriptions



West Virginia

Improve food insecurity in low income cancer survivors



