



Welcome to the November 2019 edition of the **CCC Circular** – a communication from the *American Cancer Society (ACS)* Comprehensive Cancer Control Technical Assistance and Training grant team highlighting events and resources for your CCC program/coalition efforts.



ACS CCC Update

Join us for the last ACS CCC Webinar of 2019: The webinar is an overview of the updated guide "**Nine Habits of Successful Comprehensive Cancer Control Coalitions.**"

Don't miss our last webinar of the year on Wednesday, December 11, at 4 pm ET when Karin Hohman and Leslie Given of Strategic Health Concepts will discuss a resource updated this past summer entitled "**Nine Habits of Successful Cancer Coalitions.**"

The Nine Habits guide has been a go-to resource for CCC coalitions for almost 15 years. Find out how to use it in an upcoming meeting of your cancer coalition - utilizing assessments, topical discussions, and success stories. See you on December 11 at this Zoom Meeting link: <https://zoom.us/j/455549159>



Research News

Report on Cancer in AYAs: Cancers in adolescents and young adults (AYAs)—in ages 15 to 39—are the focus of a new report [published in CA: A Cancer Journal for Clinicians on September 17, 2020](#). The researchers looked at rates and trends by sex and race/ethnicity across 3 smaller age groups: Ages 15 to 19 (referred to as adolescents or teens), ages 20 to 29, and ages 30 to 39. Click through [these slides to see visuals of 9 key findings from the report](#).



Roundtables' Resource Round-up

National Colorectal Cancer Roundtable: Stool-Based Test Options

The best test is the one that gets done! Offer your coalition's healthcare providers the newly revised [Clinician's Reference: Stool-Based Tests for Colorectal Cancer Screening](#), a resource designed to introduce (or reintroduce) clinicians to the value of stool-based testing for colorectal cancer. This [National Colorectal Cancer Roundtable \(NCCRT\)](#) publication explains the different types of stool-based tests available—Fecal Immunochemical Tests (FIT), High-Sensitivity Fecal Occult Blood Tests (HS-gFOBT), and FIT-DNA testing—and provides guidance on implementing high-quality stool-based screening programs. The resource now includes information on sensitivity and specificity for many of the most commonly used tests.

National Lung Cancer Roundtable: Annual Meeting

The [3rd National Lung Cancer Roundtable Annual Meeting](#) is ALMOST here! NLCRT is taking place on December 9-10, 2019, in Washington, DC, bringing together professional societies, advocacy organizations, cancer centers, health plans, government agencies, corporate associates, and individuals to address the challenges in reducing lung cancer deaths and promoting survivorship.

And don't miss browsing the new [NLCRT Resource Center](#), which curates member organizations' educational and support materials on everything from lung cancer statistics to biomarker testing.



American Cancer Society Cancer Action Network (ACS CAN)

State Policies

Is Your State Considering Tobacco 21 Legislation? Read this! Tobacco 21 is quickly becoming the most popular tobacco control policy in America—but these laws are ripe for co-option by Big Tobacco. Read "Hanging in the Balance," a Special Section in the 2019 ACS CAN resource entitled "How Do You Measure Up? A Progress Report on State Legislative Activity to Reduce Cancer Incidence and Mortality." You can always learn more about the status of tobacco control policy efforts in your state through the ACS CAN staff member who works in your region.



Fill Your CCC Toolbox

American Cancer Society Position Statement on Electronic Cigarettes

E-cigarettes seem to be constantly in the news, whether related to policy changes, clinical updates, industry approaches -- or all of the above. To help focus the lens through which you and your CCC coalition interpret the barrage of media stories, read [ACS's updated position statement on e-cigarettes](#). This November 2019 statement guides the organization's tobacco control and cessation efforts regarding e-cigarette products.

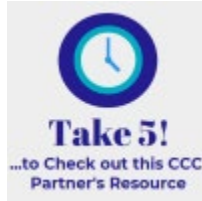
Expert Panel Offers Guidelines for Physical Activity in Cancer Survivors

An expert panel on exercise and cancer found such strong evidence that physical activity can help some cancer survivors live longer that they created [new exercise guidelines for cancer survivors](#). They also developed new programs to help ensure that healthcare and fitness professionals can use those guidelines to help make exercise a standard part of cancer treatment. Read the full report, "[Exercise Guidelines for Cancer Survivors](#)," which discusses how moderate-intensity aerobic activity or resistance training may help ease cancer-related symptoms such as anxiety, depression, fatigue, reduced physical function, and poorer quality of life.



Cultivating Coalition Health

Does your coalition need some concrete action steps? Then revisit the basics in [The Comprehensive Cancer Control \(CCC\) Implementation Building Blocks: A Guide and Tools for Implementing Comprehensive Cancer Control Plan Priorities](#). The guide outlines a simplified process for mobilizing CCC coalitions to make progress in implementing their cancer plan. The forms and worksheets included throughout the guide are provided as tools for you to use as you work through "blocks" such as: Mobilizing a Team; Organizing a Plan of Action; Getting Widespread Support; and Tracking Implementation Progress.



"Take 5!" for this Resource

Less than 5% of eligible Americans were screened for lung cancer last year. What can your CCC coalition do? One small step --- **read this guide written especially for CCC programs/coalitions!** [Policies and Practices for Prevention: Lung Cancer Screening Programs](#) describes how NCCCP grantees can increase awareness about lung cancer screening programs, including cigarette smoking cessation, for persons at high risk for lung cancer. Examples of lung cancer screening-related activities conducted by some NCCCP grantees are also provided.

**Imagine a world free from cancer.
Help us make it reality.**

For more information about ACS Comprehensive Cancer Control training and technical assistance, contact ACS CCC Director Katie Bathje at katie.bathje@cancer.org.

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